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Asparagus Tart
May 16, 2008 at 12:00 AM by Susan Westmoreland | comment

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Blind baking basics:

- Blind baking helps keep the crust from becoming soggy from a wet fruit filling or custard
- You should line the crust with parchment paper or a large coffee filter, and fill it with beans, rice, or pie weights
- After blind baking, take care if you're going to add a filling and bake some more. You don't want to overcook the edges of the crust

[Email Susan](#)



Susan Westmoreland

An award-winning chef and well-known journalist, Susan Westmoreland is responsible for planning and producing Good Housekeeping's food features. She hosts [Susan to the Rescue](#), a daily video blog that tackles the age-old question, "What's for dinner tonight?" [Full bio](#)
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